



Co-funded by the  
Erasmus+ Programm  
of the European Union

**yes** to sustainability 



ALMA DE COLORES

# LET'S COOPERATE 2.0

WAYS FOR AN INCLUSIVE AND SUSTAINABLE SOCIETY

YOUTH EXCHANGE  
20-29 AUGUST 2022  
ITALY - BARZIO (LC)

**CALL FOR PARTICIPANTS**

LET'S COOPERATE 2.0 -

WAYS FOR AN INCLUSIVE AND  
SUSTAINABLE SOCIETY



Let's Cooperate 2.0 is a Youth Exchange for young people from 18 to 26 years old that will take place in Italy, Barzio (LC) from the 20th to the 29th of August 2022. We are looking for 24 participants from Italy (COE), Spain (Las Niñas del Tul), the Netherlands (Stichting Liberta Care) and Poland (Logos).

Our main focus will be directed on considering Human and Earth rights strictly connected. We will reflect on social topics (such as the inclusion of people with disabilities and fewer opportunities), work on personal growth and sustainable practices.

COE COMMUNITY

BARZIO (LC) - ITALY



Barzio is a small village surrounded by mountains, in Valsassina (Lecco).

We will be hosted in the big house of the COE community.

In COE's house live a residential community of 14 missionaries who dedicated their life to international cooperation projects around the world. The community often hosts migrants and refugees that come from African countries, followed by social workers to build a new future in Europe.

# ACCOMMODATION, FOOD, TRAVEL AND COSTS

Participants will stay in shared rooms, with separate toilets for men and women.

**Food will be VEGETARIAN and VEGAN**, mainly made with local and organic products. Participants will be actively involved in the food preparation



Arrival day is Saturday 20h of August after 4pm. Departure day is Monday 29th of August after breakfast.

This project is co-funded by the Erasmus+ programme of the EU, which means that travel and participation costs are covered. Participants will have to buy their tickets in advance and will be reimbursed after the activity. If this arrangement is an obstacle to your participation, please let us know. The tickets will be reimbursed up to a maximum amount depending from the country where the travel starts. To be eligible as a participants, your country of departure and arrival have to be the same.

## MAXIMUM REFUNDABLE AMOUNTS:

210€ from Italy - 320€ from Spain, Poland, and the Netherlands

## GREEN TRAVEL (ONLY)

To reduce the project's environmental footprint, all participants will be asked to avoid flying for traveling to and from the Youth Exchange. Please make sure that you comply with this condition before applying.

Participants will also be refunded for the costs of food and accomodation that they need to spend along the way. You will need to provide a proof of payment (tickets, etc.) and the maximum amount is 39€ per extra night spent on the way. Please note that this is not intended to support holidays or other detours before or after the training, and that the amount spent will be refunded only if it is part of a coherent travel plan coming from and going back to your place of residence.

# THIS IS A GOOD YOUTH EXCHANGE FOR YOU IF...

- ★ You are between 18 and 26 years old, living in Italy, Spain, Netherlands or Poland;
- ★ You are interested in social and environmental topics;
- ★ You are interested in community living solutions;
- ★ You wish to have an international experience where you are actively involved;
- ★ You want to visit a small rural village in the Italian Alps surrounded by nature.



# HOW TO APPLY

If you want to participate in this Youth Exchange, please fill [this questionnaire](#) before Sunday 10th of July, 2022.

Participants' selection will be based upon the information that you share with us in the questionnaire and consultation with the project's partner organisations.



Co-funded by the  
Erasmus+ Programme  
of the European Union

## CONTACTS



★ Italy: [alice.quattro@gmail.com](mailto:alice.quattro@gmail.com)  
[www.coeweb.org](http://www.coeweb.org) - [www.almadecolores.org](http://www.almadecolores.org)



★ Spain: [activities@lasdeltul.net](mailto:activities@lasdeltul.net)  
[www.lasdeltul.net](http://www.lasdeltul.net)

*Stichting*

*Liberta Care*

★ Netherlands: [gaiasofietheil@gmail.com](mailto:gaiasofietheil@gmail.com)  
[www.liberta-care.nl/](http://www.liberta-care.nl/)



★ Poland: [daryna.martynenko@logos.ngo](mailto:daryna.martynenko@logos.ngo)  
[www.logos.ngo/](http://www.logos.ngo/)

**yes** to sustainability 

[www.yestosustainability.org/](http://www.yestosustainability.org/)